



ST. FRANCIS POLISH NATIONAL CATHOLIC CHURCH

"Make me a channel of your peace." —St. Francis
1752 Harton Avenue • East Meadow, NY 11554
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Sunday, August 22, 2021

Twenty-First Sunday in Ordinary Time

Niech Bedze pochwalony Jezus Chrystus.

R/. Na wieki, wiekow. Amen.

Praised be the Lord, Jesus Christ.

R/. Now and forever. Amen.

8:00 AM - "Hymn of Faith"

Mass Book page 63

READING I - Jos 24:1-2a, 15-17, 18b

Joshua gathered together all the tribes of Israel at Shechem, summoning their elders, their leaders, their judges, and their officers. When they stood in ranks before God, Joshua addressed all the people: "If it does not please you to serve the LORD, decide today whom you will serve, the gods your fathers served beyond the River or the gods of the Amorites in whose country you are now dwelling. As for me and my household, we will serve the LORD."

But the people answered, "Far be it from us to forsake the LORD for the service of other gods. For it was the LORD, our God, who brought us and our fathers up out of the land of Egypt, out of a state of slavery. He performed those great miracles before our very eyes and protected us along our entire journey and among the peoples through whom we passed. Therefore we also will serve the LORD, for he is our God."

RESPONSORIAL PSALM: Ps 34:2-3, 16-17, 18-19, 20-21

R. Taste and see the goodness of the Lord.

I will bless the LORD at all times; his praise shall be ever in my mouth. Let my soul glory in the LORD; the lowly will hear me and be glad.

R. Taste and see the goodness of the Lord.

The LORD has eyes for the just, and ears for their cry. The LORD confronts the evildoers, to destroy remembrance of them from the earth.

R. Taste and see the goodness of the Lord.

When the just cry out, the LORD hears them, and from all their distress he rescues them. The LORD is close to the brokenhearted; and those who are crushed in spirit he saves.

R. Taste and see the goodness of the Lord.

Many are the troubles of the just one, but out of them all the LORD delivers him; he watches over all his bones; not one of them shall be broken.

R. Taste and see the goodness of the Lord.

READING 2 - Ephesians 5:2a, 25-32

Brothers and sisters: Live in love, as Christ loved us. Husbands, love your wives, even as Christ loved the church and handed himself over for her to sanctify her, cleansing her by the bath of water with the word, that he might present to himself the church in splendor, without spot or wrinkle or any such thing, that she might be holy and without blemish. So also husbands should love their wives as their own bodies. He who loves his wife loves himself. For no one hates his own flesh but rather nourishes and cherishes it, even as Christ does the church, because we are members of his body. For this reason a man shall leave his father and his mother and be joined to his wife, and the two shall become one flesh. This is a great mystery, but I speak in reference to Christ and the church.

Priest/Lector: Alleluia, Alleluia, Alleluia

R: Alleluia, Alleluia, Alleluia.

Priest/Lector: Your words, Lord, are Spirit and life; you have the words of everlasting life.

R: Alleluia, Alleluia, Alleluia

GOSPEL - John 6:60-69

Many of Jesus' disciples who were listening said, "This saying is hard; who can accept it?" Since Jesus knew that his disciples were murmuring about this, he said to them, "Does this shock you? What if you were to see the Son of Man ascending to where he was before? It is the spirit that gives life, while the flesh is of no avail. The words I have spoken to you are Spirit and life. But there are some of you who do not believe." Jesus knew from the beginning the ones who would not believe and the one who would betray him. And he said, "For this reason I have told you that no one can come to me unless it is granted him by my Father."

As a result of this, many of his disciples returned to their former way of life and no longer accompanied him. Jesus then said to the Twelve, "Do you also want to leave?" Simon Peter answered him, "Master, to whom shall we go? You have the words of eternal life. We have come to believe and are convinced that you are the Holy One of God." This is the gospel of the Lord.

R/: Praise be to you, Lord Jesus Christ.

OFFERTORY HYMN - "Blessed Assurance"

COMMUNION HYMN - "Taste and See"

RECESSIONAL HYMN - "Hail Mary, Gentle Woman"

St. Francis Weekly "Faith Renewed"

THE QUEENSHIP OF MARY

August 22

Following the feast of Mary's Assumption into heaven on August 15, the feast of her Queenship celebrates her place among the angels and saints as the Queen of heaven and earth.

Hail, holy Queen, mother of mercy, our life, our sweetness, and our hope. To you do we cry, poor banished children of Eve. To you do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious advocate, your eyes of mercy toward us, and after this our exile show us the blessed fruit of your womb, Jesus.

O clement, O loving, O sweet Virgin Mary.

CATHOLIC SHAMPOO

Two nuns were shopping at a 7-11 store. As they passed the beer cooler, one nun said to the other, "Wouldn't a nice cold beer or two taste wonderful on a hot summer evening?"

The second nun answered, "Indeed it would, Sister, But I would not feel comfortable buying beer, since I am certain it would cause a scene at the check-out stand." "I can handle that without a problem," the other nun replied, and she picked up a six-pack and headed for the check-out. The cashier had a surprised look on his face when the two nuns arrived with a six-pack of beer. "We use beer for washing our hair," the nun said. "Back at the convent, we call it Catholic shampoo."

Without blinking an eye, the cashier reached under the counter, pulled out a package of pretzel sticks, and placed them in the bag with the beer. He then looked the nun straight in the eye, smiled, and said, "The curlers are on the house." —*shared by Elena Accomando*

BREAD FOR THE JOURNEY - Henri Nouwen

A reflection of faith and wisdom... HEALING LETTERS

When you write a very angry letter to a friend who has hurt you deeply, don't send it! Let the letter sit on your table for a few days and read it over a number of times. Then ask yourself; "Will this letter bring life to me and my friend? Will it bring healing, will it bring a blessing?" You don't have to ignore-the fact that you are deeply hurt. You don't have to hide from your friend that you feel offended. But you can respond in a way that makes healing and forgiveness possible and opens the door for new life. Rewrite the letter if you think it does not bring life, and send it with a prayer for your friend.

A CHOICE CALLING FOR DISCIPLINE

When we look critically at the many thoughts and feelings that fill our minds and hearts, we may come to the horrifying discovery that we often choose death instead of life, curse instead of blessing. Jealousy, envy, anger, resentment, greed, lust, vindictiveness, revenge, hatred - they all float in that large reservoir of our inner life. Often we take them for granted and allow them to be there and do their destructive work.

But God asks us to choose life and to choose blessing. This choice requires an immense inner discipline. It requires a great attentiveness to the death-forces within us and a great commitment to let the forces of life come to dominate our thoughts and feelings. We cannot always do this alone; often we need a caring guide or a loving community to support us. But it is important that we both make the inner effort and seek the support we need from others to help us choose life.

ONE MINUTE DEVOTIONS - Helen Steiner Rice

The Test Of Faith

It's easy to say, "In God we trust," when life is radiant and fair, but the test of faith is only found when there are burdens to bear.

"When I am afraid, I will trust in you. In God, whose word I praise, in God I trust; I will not be afraid. What can mortal man do to me?" —Psalm 56:3-4

Today learn to profit from your losses. It's no big deal to capitalize on gains ... it is noteworthy to advance after setbacks.

Take a moment out and pray...

† † † † † † PRAYERS † † † † † † †

Health Needs: Lord God, Jesus, our Savior, Mary and all the Saints, we ask you to bring peace and your healing touch to those who are ill, afraid or worried. Amen.

Health Needs of: All who have the Coronavirus & Debbie Marciano, Beverly Hester, Gregory Klein, James Conlon, Nancy Fernandez Petrozza, Sophia Kyriakakis, Billy Murphy, Helen de la Sota, Jeff Curtis, Ottavia Daquino, Linda Frysztacki, Daniella Vasquez, Bill & Ann Siebuhr, Blanca Vasquez, Iris Cafran, John Luis Vasquez, Eileen McChesney, Rosemary Rosen, Jay Lasker, Joe Glovack, Carla Calabrese, Janis Siebuhr, Debbie Granaldi, Dominick Ocello, Louise & Anthony Kuzniewski, Jorge Juan Vasquez, Jessica Arrubla, Debbie Tino, Elena Accomando Capuano, Emily Smith, Anita Paczkoski & for all those who care for the sick and disabled.

Requiem Intentions for faithfully departed:

Eternal rest give unto them, O Lord, and let the perpetual light shine upon them. May they rest in peace. Amen.

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