



## ST. FRANCIS POLISH NATIONAL CATHOLIC CHURCH

"Lord, make me an instrument of your peace." — St. Francis

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*June 14, 2020 - Solemnity of the Body & Blood of Jesus Christ*

Niech Bedze pochwalony Jezus Chrystus.

**R/. Na wieki, wiekow Amen.**

Praised be the Lord, Jesus Christ.

**R/. Now and forever. Amen.**

9:00 AM - "Hymn of Faith"

Mass Book page 63

READING I - Dt 8:2-3, 14b-16a

Moses said to the people: "Remember how for forty years now the LORD, your God, has directed all your journeying in the desert, so as to test you by affliction and find out whether or not it was your intention to keep his commandments. He therefore let you be afflicted with hunger, and then fed you with manna, a food unknown to you and your fathers, in order to show you that not by bread alone does one live, but by every word that comes forth from the mouth of the LORD.

"Do not forget the LORD, your God, who brought you out of the land of Egypt, that place of slavery; who guided you through the vast and terrible desert with its saraph serpents and scorpions, its parched and waterless ground; who brought forth water for you from the flinty rock and fed you in the desert with manna, a food unknown to your fathers."

RESPONSORIAL PSALM - 147:12-13, 14-15, 19-20

**R. Praise the Lord, Jerusalem.**

Glorify the LORD, O Jerusalem; praise your God, O Zion. For he has strengthened the bars of your gates; he has blessed your children within you.

**R. Praise the Lord, Jerusalem.**

He has granted peace in your borders; with the best of wheat he fills you. He sends forth his command to the earth; swiftly runs his word!

**R. Praise the Lord, Jerusalem.**

He has proclaimed his word to Jacob, his statutes and his ordinances to Israel. He has not done thus for any other nation; his ordinances he has not made known to them. Alleluia.

**R. Praise the Lord, Jerusalem.**

READING II - 1 Cor 10:16-17

Brothers and sisters: The cup of blessing that we bless, is it not a participation in the blood of Christ?

The bread that we break, is it not a participation in the body of Christ? Because the loaf of bread is one, we, though many, are one body, for we all partake of the one loaf.

Sequence — Lauda Sion (short version)

Lo! the angel's food is given to the pilgrim who has striven; see the children's bread from heaven, which on dogs may not be spent.

Truth the ancient types fulfilling, Isaac bound, a victim willing, Paschal lamb, its lifeblood spilling, manna to the fathers sent.

Very bread, good shepherd, tend us, Jesu, of your love befriend us, you refresh us, you defend us, your eternal goodness send us in the land of life to see.

You who all things can and know, who on earth such food bestow, grant us with your saints, though lowest, where the heav'nly feast you show, fellow heirs and guests to be. Amen. Alleluia.

Priest/Lector: Alleluia, alleluia, alleluia.

R./ Alleluia, alleluia, alleluia.

Priest/Lector: I am the living bread that came down from heaven, says the Lord; whoever eats this bread will live forever.

R. Alleluia, alleluia, alleluia.

GOSPEL - John 6:51-58

Jesus said to the Jewish crowds: "I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world."

The Jews quarreled among themselves, saying, "How can this man give us his flesh to eat?"

Jesus said to them, "Amen, amen, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you do not have life within you. Whoever eats my flesh and drinks my blood has eternal life, and I will raise him on the last day. For my flesh is true food, and my blood is true drink. Whoever eats my flesh and drinks my blood remains in me and I in him. Just as the living Father sent me and I have life because of the Father, so also the one who feeds on me will have life because of me. This is the bread that came down from heaven. Unlike your ancestors who ate and still died, whoever eats this bread will live forever." This is the gospel of the Lord. **R/: Praise be to you, Lord Jesus Christ.**

OFFERTORY HYMN - "Just As I Am"

COMMUNION HYMNS - "O Sacrament Most Holy"

**Gospel at Each of Four Altars facing N S E W**

RECESSIONAL HYMN - "How Great Thou Art"

# St. Francis Weekly "Faith Renewed"

## FEAST OF † CORPUS CHRISTI †

The Feast of the 'Body and Blood of Christ'...May our Lord Jesus Christ in the Most Blessed Sacrament, be raised, adored and loved with grateful affection, at every moment, in all tabernacles of the world, even to the end of time! "O Sacrament most holy! O Sacrament divine! All praise and all thanksgiving be every moment Thine!" These indulgences express admirably the scope and purpose of the present feast, to glorify the Blessed Sacrament, and to bring souls to the feet of Jesus, the Divine lover of souls.



## PROTECT THE CREATION!

Renew, Reuse, and Recycle! Remember the life and action of our patron saint, St. Francis of Assisi. His love of nature and for all God's creatures was easy for him 'because he understood everything was created by God, and thus everything is good. Pray and take action, every little bit helps...Protect the creation around us!

## JUST SOME THOUGHTS...

- "Everything can be taken away from a man but one thing: The last of human freedoms: To choose one's attitude in any given set of circumstances, To choose one's way." –Victor Frank
- "Self pity is our worst enemy and if we yield to it we can never do anything wise in this world." –Helen Keller
- "If you want others to be happy, practice compassion. If you want to be happy, practice compassion." –The Dalai Lama

## BREAD FOR THE JOURNEY - Henri Nouwen

### THE IMPORTANCE OF RECEIVING

Receiving is often harder than giving. Giving is very important; giving insight, giving hope, giving courage, giving advice, giving support, giving money, and most of all, giving ourselves. Without giving there is no brotherhood and sisterhood. But receiving is just as important, because by receiving we reveal to the givers that they have gifts to offer. When we say, "Thank you, you gave me hope; thank you, you gave me a reason to live; thank you, you allowed me to realize my dream," we make givers aware of their unique and precious gifts. Sometimes it is only in the eyes of the receivers that givers discover their gifts.

## A PRAYERFUL REFLECTION...CHOICES...

Allowing others to be who they are without letting it affect you in a negative way is liberating. You can consciously give that person permission to do things the way he wants to do things. You have the choice to say to yourself, "It's ok! He doesn't need to do things exactly the way I would." A tremendous weight can be lifted off your shoulders just by making the simple choice of compassion over judgment. This final thought about choices, may say it best, and comes from a poem by Mother Theresa of Calcutta.

## THE FINAL ANALYSIS -

People are often unreasonable, illogical and self-centered. Forgive them anyway.

If you are kind, people may accuse you of selfish, ulterior motives. Be kind anyway.

If you are successful, you will win some false friends and some true enemies. Succeed anyway.

If you are honest and frank, people may cheat you. Be honest and frank anyway.

What you spend years building, someone may destroy overnight. Build anyway.

If you find serenity and happiness, they may be jealous. Be happy anyway.

The good you do today, people will often forget tomorrow. Do good anyway.

Give the world the best you have, and it may never be enough. Give the world the best you have anyway.

You see, in the final analysis, it is all between you and God. It was never between you and them anyway.

–Mother Theresa of Calcutta

## ONE MINUTE DEVOTIONS - Helen Steiner Rice

### LITTLE THINGS

Thank You, God, for little things that often come our way - the things we take for granted but don't mention when we pray.

'Better a little with righteousness than much gain with injustice.'

–Proverbs 16:8

Today thank God for your many blessings!

*Take a moment out and pray...*

† † † † † † PRAYERS † † † † † † †

**For the Health & Safety of Our First Responders during the Pandemic:** Lord God, Jesus, our Savior, Mary and all the Saints, please watch over and keep safe those who respond first to our needs, doctors, nurses, EMTs, orderlies and LPNs, as well as those who risk their lives every day to serve us, firemen & women cashiers, truck drivers, delivery personnel, government officials, fast food and restaurant employees, etc. We ask especially for our own at St. Francis Parish, Sandras Darbouze & Lillian Zaradich, RNs; Lillyan Tobon's niece, Jessica Arrubla, NYPD; Linda Frysztacki's daughter-in-law, Karlye Frysztacki and her sisters, RNs.

**Health Needs:** Jesus, we ask you to bring peace and your healing touch to those who are ill, afraid or worried. Amen.

**Health Needs of:** All who have the Coronavirus & Debbie Marciano, Beverly Hester, Gregory Klein, Tom Early, Jim Richards, Nancy Fernandez Petrozza, Sophia Kyriakakis, Billy Murphy, Toni Panico, Helen de la Sota, Jeff Curtis, Ottavia Daquino, Linda Frysztacki, Daniella Vasquez, Ann Klein-Siebuhr, Blanca Vasquez, Iris Cafran, John Luis Vasquez, Eileen McChesney, Joe Glovack, Carla Calabrese, Janis Siebuhr, Debbie Granaldi & for all those who care for the sick and disabled.

**Requiem Intentions, especially for those who have passed from the coronavirus:**

Eternal rest give unto them, O Lord, and let the perpetual light shine upon them. May they rest in peace. Amen.

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