



ST. FRANCIS POLISH NATIONAL CATHOLIC CHURCH

Lord, make me an instrument of your peace! — St. Francis

1752 Harton Avenue • East Meadow, NY • (516) 794-5189

Father Andrew Koterba, Pastor



Fifth Sunday in Ordinary Time *January 28, 2018*

Niech Bedze pochwalony Jezus Chrystus.

R/. Na wieki, wiekow Amen.

Praised be the Lord, Jesus Christ.

R/. Now and forever. Amen.

ENTRANCE HYMN - "Hymn of Faith"

CONTEMPORARY RITE - Mass Book pg. 63

READING I - Dt 18:15-20

Moses spoke to all the people, saying: "A prophet like me will the LORD, your God, raise up for you from among your own kin; to him you shall listen. This is exactly what you requested of the LORD, your God, at Horeb on the day of the assembly, when you said, 'Let us not again hear the voice of the LORD, our God, nor see this great fire any more, lest we die.' And the LORD said to me, 'This was well said. I will raise up for them a prophet like you from among their kin, and will put my words into his mouth; he shall tell them all that I command him. Whoever will not listen to my words which he speaks in my name, I myself will make him answer for it. But if a prophet presumes to speak in my name an oracle that I have not commanded him to speak, or speaks in the name of other gods, he shall die.'"

RESPONSORIAL PSALM: Ps 95:1-2, 6-7, 7-9

R. If today you hear his voice, harden not your hearts.

Come, let us sing joyfully to the LORD; let us acclaim the rock of our salvation. Let us come into his presence with thanksgiving; let us joyfully sing psalms to him.

R. If today you hear his voice, harden not your hearts.

Come, let us bow down in worship; let us kneel before the LORD who made us. For he is our God, and we are the people he shepherds, the flock he guides.

R. If today you hear his voice, harden not your hearts.

Oh, that today you would hear his voice: "Harden not your hearts as at Meribah, as in the day of Massah in the desert, Where your fathers tempted me; they tested me though they had seen my works."

R. If today you hear his voice, harden not your hearts.

READING II - 1 Corinthians 7:32-35

Brothers and sisters: I should like you to be free of anxieties. An unmarried man is anxious about the things of the Lord, how he may please the Lord. But a married man is anxious about the things of the world, how he may please his wife, and he is divided. An unmarried woman or a virgin is anxious about the things of the Lord, so that she may be holy in both body and spirit. A married woman, on the other hand, is anxious about the things of the world, how she may please her husband. I am telling you this for your own benefit, not to impose a restraint upon you, but for the sake of propriety and adherence to the Lord without distraction.

Priest/Lector: Alleluia, Alleluia, Alleluia

R: Alleluia, Alleluia, Alleluia.

Priest/Lector: The people who sit in darkness have seen a great light; on those dwelling in a land overshadowed by death, light has arisen.

R: Alleluia, Alleluia, Alleluia.

GOSPEL - Mark 1:21-28

Then they came to Capernaum, and on the sabbath Jesus entered the synagogue and taught. The people were astonished at his teaching, for he taught them as one having authority and not as the scribes. In their synagogue was a man with an unclean spirit; he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are? the Holy One of God!" Jesus rebuked him and said, "Quiet! Come out of him!" The unclean spirit convulsed him and with a loud cry came out of him. All were amazed and asked one another, "What is this? A new teaching with authority. He commands even the unclean spirits and they obey him." His fame spread everywhere throughout the whole region of Galilee. This is the gospel of the Lord.

R/: Praise be to you, Lord Jesus Christ.

OFFERTORY HYMN - "O, Lord, I Am Not Worthy"

COMMUNION HYMN - "I Am the Bread of Life"

RECESSIONAL HYMN - "I Come to the Garden Alone"



St. Francis Weekly "Faith Renewed"

PRESENTATION OF JESUS, February 2

Forty Days after his birth, Jesus was presented in the temple by Mary and Joseph to fulfill Jewish law. There he was recognized by Simeon and Anna, who were waiting for the coming Messiah. St. Luke reports the event;

When the day came to purify them according to the law of Moses, the couple brought Jesus up to Jerusalem so that he could be presented to the Lord, for it is written in the law of the Lord, "Every firstborn male shall be consecrated to the Lord." They came to offer in sacrifice "a pair of turtledoves or two young pigeons," in accord with the dictate in the law of the Lord.

There lived in Jerusalem at the time a certain man named Simeon. He was just and pious, and awaited the consolation of Israel, and the Holy Spirit was upon him. It was revealed to him by the Holy Spirit that he would not experience death until he had seen the Anointed of the Lord. He came to the temple now, inspired by the Spirit; and when the parents brought in the child Jesus to perform for him the customary ritual of the law, he took him in his arms and blessed God in these words;

"Now, Master, you can dismiss your servant in peace; you have fulfilled your word. For my eyes have witnessed your saving deed displayed for all the peoples to see; A revealing light to the Gentiles, the glory of your people Israel."

This feast, celebrated by the Christian Churches of East and west at an early date, has also been called "Candlemas Day" because candles are blessed and lighted this day on which Simeon called Jesus "a light to the Gentiles."

BREAD FOR THE JOURNEY - Henri Nouwen

A reflection of faith and wisdom...

HEALING OUR MEMORIES

Forgiving does not mean forgetting. When we forgive a person, the memory of the wound might stay with us for a long time, even throughout our lives. Sometimes we carry the memory in our bodies as a visible sign. But forgiveness changes the way we remember. It converts the curse into a blessing. When we forgive our parents for their divorce, our children for their lack of attention, our friends for their unfaithfulness in crisis, our doctors for their ill advice, we no longer have to experience ourselves as the victims of events we had no control over.

Forgiveness allows us to claim our own power and not let these events destroy us; it enables them to become events that deepen the wisdom of our hearts. Forgiveness indeed heals memories.

ONE MINUTE DEVOTIONS - Helen Steiner Rice

PURPOSE IN MY DAYS

Bless me, heavenly Father, forgive my erring ways, grant me strength to serve Thee, put purpose in my days.

"The Lord is my strength and my song; he has become my salvation." —Psalm 118:14

Today serve the Lord by serving others. Avoid self-preoccupation. There are many who need the assistance that only you can offer!

EMPOWERING QUOTES...

What lies before us and what lies beyond us is tiny compared to what lies within us. —*Oliver Wendell Holmes*

Lord, I spent so much of today correcting the mistakes and incompetence of others that my own work and plans fell by the wayside. Yet, even as I say these words, I am ashamed of my arrogance and selfishness. Help me to remember that every bad thing that happens in my life is not a personal assault on me! Teach me to discern the struggles and challenges faced by others so that I can be more understanding of their impact on my life. In every encounter, let me recognize an opportunity to show Your face to another. Amen. —*Marci Alborghetti*

My soul silently waits for God...He only is my rock and my salvation...Trust in Him at all times, you people... Power belong to God. Also to You, O Lord, belong mercy.

—*Psalm 62:1-2, 8, 11-12*

Dear Lord, help me to remember that You said in Your Word "Jesus wept," and if my Savior can be brought to tears, then, Lord, I am so thankful that You allow me to be free to let tears of sadness and tears of joy flow from my eyes. —*Dolphus Weary*

Father, a smile is such a simple, quick gift—painless and not costly. Yet, I often hesitate to give one away. What if I don't get one back? Free me up to smile spontaneously—especially to strangers. —*Marion Bond West*

**BUILDING the KINGDOM
of GOD TOGETHER**