

# ST. FRANCIS POLISH NATIONAL CATHOLIC CHURCH

*Lord, make me an instrument of your peace! — St. Francis*

1752 Harton Avenue • East Meadow, New York 11554 (516) 794-5189

Pastor Rev. Andrew Koterba Lorraine Pacheco, Chairperson

September 6, 2009 • Twenty-Third Sunday in Ordinary Time



Niech Bedze pochwalony Jezus Chrystus. **R/. Na wieki, wiekow Amen.**

Praised be the Lord, Jesus Christ. **R/. Now and forever. Amen.**

9:00 am - CELEBRATION OF THE EUCHARIST

ENTRANCE HYMN: *"Hymn of Faith"*

CONTEMPORARY RITE - Mass Book page 63

READING I - Isaiah 35, 4-7

RESPONSORIAL PSALM

**R/: Praise the Lord, my soul.**

The God of Jacob keeps faith forever, secures justice for the oppressed, gives food to the hungry.  
The Lord sets captives free.

**R/: Praise the Lord, my soul.**

The Lord gives sight to the blind; The Lord raises up those that were bowed down.  
The Lord loves the just; the Lord protects the strangers.

**R/: Praise the Lord, my soul.**

The fatherless and the widow the Lord sustains, but the way of the wicked he thwarts.  
The Lord shall reign forever; your God, O Zion, through all generations. Alleluia.

**R/: Praise the Lord, my soul.**

READING II James 2, 1-5

Priest or Cantor: Alleluia **R./ Alleluia.** Verse. **R./ Alleluia.**

GOSPEL - Mark 7, 31-37

A reading from the holy gospel according to St. Mark  
Jesus left Tyrian territory and returned by way of Sidon to the Sea of Galilee, into the district of the Ten Cities. Some people thought him a deaf man who had a speech impediment and begged him to lay his hand on him. Jesus took him off by himself away from the crowd. He put his fingers into the man's ears and spitting, touched his tongue; then he looked up to heaven and emitted a groan. He said to him, "Ephphatha!" (that is, "Be opened!") At once the man's ears were opened; he was freed from the impediment, and began to speak plainly. Then he enjoined them strictly not to tell anyone; but the more he ordered them not to, the more they proclaimed it. Their amazement went beyond all bounds: "He has done everything well! He makes the deaf hear and the mute speak!"

This is the gospel of the Lord. **R:/ Praise be to you Lord, Jesus Christ.**

GENERAL CONCESSIONS: **God, Hear Us!**

OFFERTORY HYMN - *"One Spirit, One Church"*

OUR FATHER - page 95

COMMUNION - *"One Bread, One Body"*

RECESSIONAL HYMN - *"On Eagle's Wings"*

## St. Francis Weekly "Kompositions"

### THE BIRTH OF MARY, September 8

Along with the birth of Jesus and St. John the Baptist, Mary's birth has been celebrated by the Church from early times. In fourth-century Jerusalem a feast of her birth was celebrated at the Church of St. Ann, probably inspiring the Church of Rome also to celebrate too, this event. Mary's birth is seen always as part of God's plan for the salvation of the world through Jesus Christ.

O Mary, you are blessed, for the mysteries  
of the prophets are fulfilled in you.  
You were in the burning bush and in the cloud  
that Moses saw;  
You were on the ladder rising up to heaven  
that Ezechiel saw;  
You were in the ark of the covenant,  
that David saw.  
At your birth these mysteries are fulfilled.  
Glory to the Father, who sent his only Son  
through you.

*Adapted from an early Syrian text*

### BREAD FOR THE JOURNEY...Henri Nouwen SPEAKING WORDS OF LOVE

Often we remain silent when we need to speak. Without words, it is hard to love well. When we say to our parents, children, lovers, or friends, "I love you very much" or "I care for you" or "I think of you often" or "You are my greatest gift," we choose to give life.

It is not always easy to express our love directly in words. But whenever we do, we discover we have offered a blessing that will be long remembered. When a son can say to his father, "Dad, I love you," and when a mother can say to her daughter, "Child, I love you," a whole new blessed place can be opened up, a space where it is good to dwell. Indeed, words have the power to create life.

### ONE MINUTE DEVOTIONS...Helen Steiner Rice PRAYER

When life becomes a problem much too great for you to bear, instead of trying to escape, just withdraw in prayer.

"A righteous man may have many troubles, but the Lord delivers him from them all." —Psalm 34:19  
Today if you experience a disappointment, deal with it; don't let it multiply!

### ST. FRANCIS NOTES ...

**LABOR DAY**, Monday, September 7, this holiday is in honor of labor. Our summer season comes to a close ... schools open again! ... drive carefully!

**PATRIOT DAY**, Friday, September 11, marks the 8th anniversary of 9/11/01. Pray for those victims, our nation ... Pray for Peace!

**THANK YOU!** to all who helped, donated items, or helped in ways known or unknown ... making our Church Yard Sale, on August 29th and 30th, another great and successful fund-raiser for our parish! Thank you to all!

**FARMERS MARKET**, Locally grown produce, salad dressings, prepared meals and more, 7 a.m.-1 p.m., Fridays through November, located in the parking lot of the former activities building, Nassau Medical Center, Hempstead Tpk., 516-572-6055.

**PIEROGIES FOR SALE!** We have a large selection of pierogies for sale in our Hall, (potato, saurkraut, mushroom, spinach) Please see Monica, for your purchase. \$5/dozen. Try one ... you'll love them!

### UP-COMING EVENTS...

Our annual St. Francis Celebration including:

#### **BLESSING OF ANIMALS**

Saturday, October 3, 1 p.m.

#### **THE FEAST OF ST. FRANCIS MASS**

Sunday, October 4, 9 a.m.

#### **ST. FRANCIS CELEBRATION DINNER**

Sunday, October 4, 3 p.m.

Please ask how you can help make this very special Feast of St. Francis, another successful event for our Parish! Thank you to All!

