

ST. FRANCIS POLISH NATIONAL CATHOLIC CHURCH

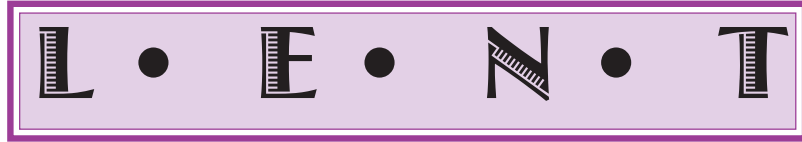
1752 Harton Avenue • East Meadow, New York 11554

Pastor Andrew Koterba • Lillian Zaradich, Council Chair

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Sunday, MARCH 1, 2009

FIRST SUNDAY IN LENT



2nd
SUNDAY OF
LENT

Niech Bedze pochwalony Jezus Chrystus. **R/. Na wieki, wiekow Amen.**

Praised be the Lord, Jesus Christ. **R/. Now and forever. Amen.**

9:00 AM - **CELEBRATION OF THE EUCHARIST** "*Hymn of Faith*"

CONTEMPORARY RITE - Mass Book page 63

READING I - Genesis 22: 1-2, 9, 10-13, 15-18

RESPONSORIAL PSALM: Ps 116:10, 15,16-17, 18-19

R/ I walk before the Lord in the land of the living.

I believe, even when I said, "I am greatly afflicted."
Precious in the eyes of the Lord is the death of his faithful ones.

R/ I walk before the Lord in the land of the living.

O Lord, I am your servant; I am your servant, the son of your handmaid;
you have loosened my bounds. To you will I offer sacrifice of thanksgiving,
and I will call upon the name of the Lord.

R/ I walk before the Lord in the land of the living.

My vows to the Lord I will pay in the presence of all of his people,
in the courts of the house of the Lord, in your midst, O Jerusalem.

R/ I walk before the Lord in the land of the living.

READING II - Romans 8: 31-34

Verse: From the shining cloud the Father's voice is heard: this is my beloved Son' hear him.

GOSPEL - GOSPEL - Mark 9: 2, 10

Jesus took peter, James and John off by themselves with him and led them up a high mountain. He was transfigured before their eyes and his clothes became dazzlingly white—whiter than the work of any bleacher could make them. Elijah appeared to them along with Moses' the two were in conversation with Jesus. Then Peter spoke to Jesus: "Rabbi, how good it is for us to be here. Let us erect tree booths on this site, one for you, one for Moses, and one for Elijah." He hardly knew what to say, for they were all overcome with awe. A cloud came, overshadowing them, and out of the cloud, a voice: "This is my Son, my beloved. Listen to him." Suddenly looking around they no longer saw anyone with them—only Jesus.

As they were coming down the mountain, he strictly enjoined them not to tell anyone what they had seen before the Son of Man had risen from the dead. They kept this word of his to themselves, though they continued to discuss what "to rise from the dead" meant.

This is the gospel of the Lord. **R/: Praise be to you, Lord Jesus Christ.**

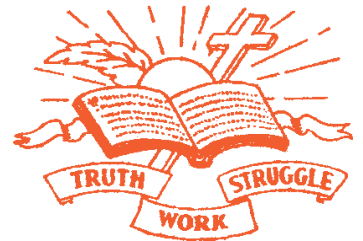
GENERAL CONCESSIONS

OFFERTORY HYMN - "*O, My Jesus*"

OUR FATHER - page 95

COMMUNION HYMNS - "*Lord Forgive*"

RECESSIONAL HYMN - "*Cross of Compassion*"



"St. Francis Weekly "Kompositions"

+ L E N T - 2009 +

OUR LENTEN JOURNEY...

As we journey through this season of Lent. A spiritual time for healing and renewal, let us prepare by fasting. Prayer and works of charity. Take time to read a passage of the Bible, listen to a hymn, pray a Station of the Cross, do an act of random kindness, volunteer, help another in action or with a good word, pray from your heart and take good action, give a smile ... there remains so many paths to our Lord!

LENT AND RECONCILIATION ...

In Lent we renew the life of Baptism. The life Baptism gives us is one of prayer and discipleship in Jesus. The Sacrament of Reconciliation (confession) is sometimes called a "Second Baptism" because it restores and strengthens the life of Baptism. Lent is an excellent time to receive this sacrament. It purifies our prayer and lifts from us any weight of regret or fear. It frees us from old habits of thinking and behaving. Reconciliation gives one a new heart and allows one to begin a new life in Jesus. Its fruit is peace because God has taken away sin of the world. Reconciliation is God's deed. It is God's gift to us!

ST. JOHN OF GOD (1495-1550) March 8

St. John born in Monte Mor il Nuovo, Portugal, in 1495. He enlisted as a soldier in 1522 and served in the wars between France and Spain and in Hungary against the Turks. He gradually gave up the practice of his religion to lead a dissolute life. After the wars were over, he left the army and became a shepherd for a woman near Seville.

When he was about forty years old, he turned to God and decided to give his life to serve the sick and unfortunate. He began to sell religious pictures and books in Gibraltar and opened a religious-goods store in Granada in 1538. After hearing a speech by John of Avila, John suffered a serious breakdown and was confined to a mental hospital. With help from John of Avila, he suddenly recovered and was released in 1539.

With earnings that he made from selling wood, a hospital for the sick and poor was opened in Granada. This was the beginning of the Order of St. John of God. Later on, his devoted assistants would officially organize this religious order. John was a brilliant administrator and a tender nurse of his patients. He soon won the attention of the bishops and nobility of Spain, and they supported him financially.

John fell ill and, worn out from his labors, died on March 8, 1550. He was mourned by the entire city of Granada. St. John of God is the patron of hospitals and nurses.

'Father, grant us love and compassion for others, such as St. John of God had.' Amen.

BREAD FOR THE JOURNEY - Henri Nouwen TOWARD A NONJUDGMENTAL LIFE

One of the hardest spiritual tasks is to live without prejudices. Sometimes we aren't even aware how deeply rooted our prejudices are. We may think that we relate to people who are different from us in color, religion, sexual orientation, or lifestyle as equals, but in concrete circumstances our spontaneous thoughts, uncensored words, and knee-jerk reactions often reveal that our prejudices are still there.

Strangers, people different from us, stir up fear, discomfort, suspicion, and hostility. They make us lose our sense of security just by being "other." Only when we fully claim that God loves us in an unconditional way and look at "those other persons" as equally loved can we begin to discover that the great variety in humanity is an expression of the immense richness of God's heart. Then the need to prejudge people can gradually disappear.

ST. FRANCIS NOTES...

ST. PATRICK/ST. JOSEPH DINNER, Sunday, March 15th, at 3 p.m., St. Francis Hall. Please attend and bring family and friends to join in our celebration ... making this another success for our Parish! Thank you All!

DAYLIGHT SAVINGS TIME ... begins, giving us an hour of daylight at the end of our working days, March 8th!

PROTECT THE CREATION! Think -Green ... Change the world for the better! Recycle, plant a garden, plant a tree, conserve your energy, take a walk ... ???

UKRAINIAN EASTER EGGS, Sunday, March 11, 1 - 4 p.m. or Monday, March 16, 6:30 -9:30 p.m., St. Gregory of Nyssa Church, 1100 Hicksville Rd., Seaford. Supplies and instruction provided, \$15, call 516-541-3628. Fr. Andrew hopes to attend on Sunday. If interested, please contact Fr. Andrew.

DID YOU KNOW? The equinox is a day when the hours of sunlight and darkness are equal. It comes twice a year - fall and spring. The vernal equinox usually falls on March 20. Therefore, Easter may fall on any Sunday between March 22 and April 25. About one fourth of the time it falls in March; the rest of the time it falls in April.

ONE MINUTE DEVOTIONS ... Helen Steiner Rice SEASONS OF THE SOUL

Spring always comes with new life and birth followed by summer to warm the soft earth - and what a comfort to know there are reasons that souls, like nature, must have their seasons,

"He who goes out weeping, carrying seed to sow; will return with songs of joy, carrying sheaves with him." Psalm 126:6

Today compare the seasons of the year with the seasons of your soul!

HOLY WEEK - 2009 (EASTER SCHEDULE)

APRIL 5 - PALM SUNDAY - 9 a.m.

Liturgy and distribution of Palms, Holy Mass

APRIL 6 - HOLY THURSDAY - 7 p.m., Holy Mass

APRIL 7 - GOOD FRIDAY - 7 p.m., Passion Service

APRIL 8 - HOLY SATURDAY - 1 p.m.

Blessing of Easter foods, blessing of new fire and holy water.

APRIL 9 - EASTER SUNDAY - 8:30 a.m.

Procession of the Resurrection High Mass -9 a.m.

ST. FRANCIS POLISH NATIONAL CATHOLIC CHURCH

SECOND SUNDAY IN LENT

Celebration of the Eucharist

HYMN OF FAITH

To Thee we come, O Lord our God,
Before Thine altar Father,
Thou knowest best our yearning hearts,
This supplication answer.
Lift up from want thy people, Lord.
Bless us O God, O Father bless our toil.
Under Thy Cross we stand prepared,
To serve Thee with devotion,
Be it with sweat of blood or tears,
Or humble resignation.
For we Thy people are, O Lord,
Save us O God, O Father bless our toil.

Offertory Hymn

O, MY JESUS

O, my Jesus, knelt in anguish
On that night of pain and grief.
Lo, an angel soothes Thy sorrow,
Brings unto Thy soul relief.

Chorus:

Come, my Jesus, Come my Jesus,
Come, my Jesus, Hear my prayer.
Grant me, Lord, Thy grief to share.

Oh my Jesus, filled with suffering
Crucified on the shameful tree.
When Thou comest
to Thy Kingdom,
There, O Lord, Remember me.

LORD FORGIVE

On the Cross, For the sins of man,
Our Lord was crucified.
On the Cross,
'Mid great pain and suffering
He bled and died.

Chorus: Lord, forgive us
When we fail Thee,
Lord, forgive when
We betray Thee,
Lord, forgive.

From the Cross,
Filled with mercy,
Our Dear Lord looked
down on us.
From the Cross,
Torn with sorrow,
Yet He would forgive us.

Chorus: Lord, forgive us
When we fail Thee,
Lord, forgive when
We betray Thee,
Lord, forgive.

With the Cross, Hope of all who,
Would confess and come to Him.
With the Cross, He would gather,
All who would believe in Him.

Chorus:

To the Cross,
All our love and Hope
We trust on Calvary.
To the Cross, We would give our,
Life, our hearts, our all to Thee.

Chorus:

CROSS OF COMPASSION

Cross of Compassion,
Cross of Salvation,
Cross of all wisdom,
Cross of love.
He who would seek Thee,
Love Thee and know Thee,
He shall find guidance,
from above.

Cross of Contrition,
Cross of Redemption,
Cross of all victory,
Cross of gain
We would come near Thee,
There rest our burden,
And share our sorrow,
grief and pain.

Communion Hymn

DOWN IN THE RIVER TO PRAY

As I went down to the river to pray
Studyin' about that good ol' way and who
shall wear the starry crown?
Good Lord show me the way!

O, sisters let's go down
Lets go down, Come on down
O, sisters lets go down
Down in the river to pray

As I went down in the river to pray
Studyin' about that good ol way
And who shall wear the robe & crown
Good Lord show me the way

O, brothers let's go down
Let's go down, Come on down
O, brothers lets go down
Down in the river to pray

As I went down in the river to pray
Studyin' about that good ol way
And who shall wear the star and crown?
Good lord show me the way

O, fathers let's go down
Let's go down, Come on down
O, fathers let's go down
Down in the river to pray

As I went down in the river to pray
Studying about that good ol' way
And who shall wear the robe and crown
Good Lord show me the way

O, mothers let's go down
Come on down,
don't you wanna go down?
O, mothers let's go down
Down in the river to pray

As I went down in the river to pray
Studin' about that good ol' way
And who shall wear the star and crown?
Good Lord show me the way

O, sinners let's go down
Lets go down, come on down
O, sinners let's go down
Down in the river to pray

As I went down in the river to pray
Studyin' about that good ol' way
And who shall wear the robe and crown?
Good Lord show me the way