

ST. FRANCIS POLISH NATIONAL CATHOLIC CHURCH

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Sunday, February 22, 2009

SEVENTH SUNDAY IN ORDINARY TIME

Niech Bedze pochwalony Jezus Chrystus.

R/. Na wieki, wiekow Amen.

Praised be the Lord, Jesus Christ.

R/. Now and forever. Amen.

9:00 AM - **CELEBRATION OF THE EUCHARIST**

"Hymn of Faith"

CONTEMPORARY RITE - Mass Book page 63

READING I - Isaiah 43, 18-19, 21-22, 24-25

RESPONSORIAL PSALM: Ps 41, 2-3, 4-5, 13-14

R/ Lord, heal my soul, for I have sinned against you.

Happy is he who has regard for the lowly and the poor; in the day of misfortune the Lord will deliver him. The Lord will keep and preserve him; he will make him happy on the earth, and not give him over to the will of his enemies.

R/ Lord, heal my soul, for I have sinned against you.

The Lord will help him on his sickbed, he will take away all his ailment when he is ill. Once I said, "O Lord, have pity on me; heal me, though I have sinned against you."

R/ Lord, heal my soul, for I have sinned against you.

But because of my integrity you sustain me and let me stand before you forever. Blessed be the Lord, the God of Israel, from all eternity and forever. Amen. Amen.

R/ Lord, heal my soul, for I have sinned against you.

READING II - 2 Corinthians 1, 18-22

Priest/Lector: ALLELUIA. **R/: ALLELUIA.** Verse. **R/: ALLELUIA.**

GOSPEL - GOSPEL - Mark 2, 1-12

After a lapse of several days Jesus came back to Capernaum and word got around that he was at home. At that they began to gather in great numbers. There was no longer any room for them, even around the door. While he was delivering God's word to them, some people arrived bringing a paralyzed man to him. They four who carried him were unable to bring him to Jesus because of the crowd, so they began to open up the roof over the spot where Jesus was. When they had made a hole, they let down the mat on which the paralytic was lying. When Jesus saw their faith, he said to the paralyzed man, "My son, your sins are forgiven." Now some of the scribes were sitting there asking themselves, "Why does the man talk in that way? He commits blasphemy! Who can forgive sins except God alone? Jesus was immediately aware of their reasoning, though they kept it to themselves, and he said to them: "Why do you harbor these thoughts? Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Stand up, pick up your mat, and walk again?' That you may know that the Son of Man has authority on earth to forgive sins" (he said to the paralyzed man), "I command you: Stand up! Pick up your mat and go home." The man stood and picked up his mat and went outside in the sight of everyone. They were awestruck; all gave praise to God, saying, "We have never seen anything like this!"

This is the gospel of the Lord. **R/: Praise be to you, Lord Jesus Christ.**

GENERAL CONCESSIONS

OFFERTORY HYMN - "Come Thou Almighty King"

OUR FATHER - page 95

COMMUNION HYMNS - "Prayer of St. Francis" & "In Thy Protection"

RECESSIONAL HYMN - "We Gather Together"



“St. Francis Weekly “Kompositions”

THINK LENT ? + ASH WEDNESDAY +

This opens the liturgical season of Lent. In Old Law ashes were generally a symbolic expression of grief, mourning, or repentance. In the Early Church the use of ashes had a like significance and with sackcloth formed part of the public penance. The blessing of ashes is one of the great liturgical rites of the year. It was originally instituted for public penitents, but is now intended for all Christians, as Lent should be a time of penance for all. The ashes used this day are obtained by burning the palms of the previous year. Four ancient prayers are used in blessing them; having sprinkled them with holy water and incensed them, the priest puts them on the foreheads of the faithful with the words; “Remember, man, that thou art dust, and unto dust thou shalt return.”

LENTEN SERVICES

Ash Wednesday - Mass and Blessing and Distribution of ashes will be held on Wednesday, February 25th at 7 p.m.

BREAD FOR THE JOURNEY...Henri Nouwen BALANCE BETWEEN CLOSENESS & DISTANCE

Intimacy between people requires closeness as well as distance. It is like dancing. Sometimes we are very close, touching each other or holding each other; sometimes we move away from each other and let the space between us become an area where we can freely move.

To keep the right balance between closeness and distance requires hard work, especially since the needs of the partners may be quite different at a given moment. One might desire closeness while the other wants distance. One might want to be held while the other looks for independence. A perfect balance seldom occurs, but the honest and open search for that balance can give birth to a beautiful dance, worthy to behold!

LENTEN PRAYER...

Jesus, Blessed Savior, be with me this Lent and always. Sustain and strengthen me to carry the crosses life sends my way, all so small compared to the cross You bore. Open my eyes to the burdens others bear and show me how to reach out to them with Your own love and care. Remind me that all my crosses are small when You carry them with me. Lead me, guide me, this Lent and always. Amen.

ONE MINUTE DEVOTIONS...Helen Steiner Rice KEEP ON SMILING

Just keep on smiling whatever betide you, secure in the Knowledge God is always beside you.
“The Lord is near to all who call on him, to all who call on him in truth.” —Psalms 145:18
Today maintain a happy expression and a cheerful attitude, knowing that God is with you!

ST. FRANCIS NOTES ...

ST. PATRICK/ST. JOSEPH DINNER will be held at St. Francis Church on Sunday, March 15th at 3 p.m..

Let's make this event another great success for our Parish. Please ask how you can help? Thank you!

WELCOME HOME! Fr. Andrew, Monika and Adam! We hope you had a great trip to Poland...

Know we missed you!

WASHINGTON'S BIRTHDAY, George Washington was the First President of the United States, born February 22, 1732. Happy Birthday!

CELEBRATE THE GIFT OF NEW LIFE! I asked God for all things so I could enjoy life.

He gave me life so I could enjoy all things.

THE SEASON OF LENT... begins on Ash Wednesday - forty-six days before Easter Sunday.

The Lenten season is a time of fasting, prayer and repentance. Give thought and action this season ...

St. Patrick's Day/St. Joseph's Day Dinner Fundrais

March 15th - 3:00 p.m. - Ask how you can help!

*Cook, prepare, bring a freind, bring in raffle prizes,
pay your way...*

