ST. FRANCIS POLISH NATIONAL CATHOLIC CHURCH

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Sunday, August 2, 2015 Eighteenth Sunday in Ordinary Time

Niech Bedze pochwalony Jezus Chrystus. R/. Na wieki, wiekow. Amen.

Praised be the Lord, Jesus Christ. R/. Now and forever. Amen.

8:00 AM - "Hymn of Faith"

Mass Book page 63

READING I - Exodus 16:2-4, 12-15

The whole Israelite community grumbled against Moses and Aaron. The Israelites said to them, "Would that we had died at the LORD's hand in the land of Egypt, as we sat by our fleshpots and ate our fill of bread! But you had to lead us into this desert to make the whole community die of famine!"

Then the LORD said to Moses, "I will now rain down bread from heaven for you. Each day the people are to go out and gather their daily portion; thus will I test them, to see whether they follow my instructions or not.

"I have heard the grumbling of the Israelites. Tell them: In the evening twilight you shall eat flesh, and in the morning you shall have your fill of bread, so that you may know that I, the LORD, am your God."

In the evening quail came up and covered the camp. In the morning a dew lay all about the camp, and when the dew evaporated, there on the surface of the desert were fine flakes like hoarfrost on the ground.

On seeing it, the Israelites asked one another, "What is this?" for they did not know what it was. But Moses told them, "This is the bread that the LORD has given | you to eat."

RESPONSORIAL PSALM: Ps 78:3-4, 23-24, 25, 54 *R. The Lord gave them bread from heaven.*

What we have heard and know, and what our fathers have declared to us, We will declare to the generation to come the glorious deeds of the LORD and his strength and the wonders that he wrought.

R. The Lord gave them bread from heaven.

He commanded the skies above and opened the doors of heaven; he rained manna upon them for food and gave them heavenly bread.

R. The Lord gave them bread from heaven.

Man ate the bread of angels, food he sent them in abundance. And he brought them to his holy land, to the mountains his right hand had won.

R. The Lord gave them bread from heaven.

READING 2 - Ephesians 4:17, 20-24 Brothers and sisters: I declare and testify in the Lord that you must no longer live as the Gentiles do, in the

futility of their minds; that is not how you learned Christ, assuming that you have heard of him and were taught in him, as truth is in Jesus, that you should put away the old self of your former way of life, corrupted through deceitful desires, and be renewed in the spirit of your minds, and put on the new self, created in God's way in righteousness and holiness of truth.

Priest/Lector: Alleluia, Alleluia, Alleluia

R: Alleluia, Alleluia, Alleluia.

Priest/Lector: One does not live on bread alone, but by every word that comes forth from the mouth of God.

R: Alleluia, Alleluia, Alleluia

GOSPEL - John 6:24-35

When the crowd saw that neither Jesus nor his disciples were there, they themselves got into boats and came to Capernaum looking for Jesus. And when they found him across the sea they said to him, "Rabbi, when did you get here?" Jesus answered them and said, "Amen, amen, I say to you, you are looking for me not because you saw signs but because you ate the loaves and were filled. Do not work for food that perishes but for the food that endures for eternal life, which the Son of Man will give you. For on him the Father, God, has set his seal." So they said to him, "What can we do to accomplish the works of God?" Jesus answered and said to them, "This is the work of God, that you believe in the one he sent." So they said to him, "What sign can you do, that we may see and believe in you? What can you do? Our ancestors ate manna in the desert, as it is written: He gave them bread from heaven to eat.? So Jesus said to them, "Amen, amen, I say to you, it was not Moses who gave the bread from heaven; my Father gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world."

So they said to him, "Sir, give us this bread always." Jesus said to them, "I am the bread of life; whoever comes to me will never hunger, and whoever believes in me will never thirst." This is the gospel of the Lord. R/: Praise be to you, Lord Jesus Christ.

OFFERTORY HYMN - "Sweet Hour of Prayer" COMMUNION HYMN - "One Bread, One Body" RECESSIONAL HYMN - "Sing of the Lord's Goodness"



THE TRANSFIGURATION OF JESUS August 6

The Divinity of Christ was made manifest to Sts. Peter, James and John when Jesus appeared before them on Mount Tabor and his face and clothing shone radiantly. His appearance before the apostles was a confirmation to them of his relation to the Church and his role as the Son of God. A feast in honor of the Transfiguration has been celebrated in the Christian churches of the East since the fifth century. In the Middle Ages, as interest grew in the Holy Land and the various sites connected with the life of Jesus, this feast was established in the Western Roman Empire. Lord Jesus Christ, through your Transfiguration on the mount, strengthen our hearts lest they be broken by the scandal of the Cross. Enlightened by your grace, may we share in the brightness of your glory. Amen.

BREAD FOR THE JOURNEY - Henri Nouwen BEING JOYFUL WITNESSES

To speak about Jesus and his divine work of salvation shouldn't be a burden or a heavy obligation. When we go to people feeling that unless they accept our way of knowing Jesus, they are lost and we are failures, it is hardly possible to be true witnesses.

It is a great joy when people recognize through our witness that Jesus is the divine redeemer who opened for them the way to God. It is a true, cause for gratitude and celebration. But we should also be able to live joyful and grateful lives when our witness with deeds and words does not lead people to accept Jesus in the way we do.

UPCOMING EVENT DATES

Sunday, August 2, 2015 - 12:30 p.m. - Fr. Stan Kural Sunday, August 9, 2015 - 12:30 p.m. - Fr. Joseph Kolek Sunday, August 16, 2015 - 12:30 p.m. - Fr. Joseph Kolek Saturday, October 3, 2015 - 1 p.m.

Blessing of the Animals

Sunday, December 5, 2015 - 3 p.m. Christmas Fund-raiser Dinner

UNDERSTAND THE NATURE OF GOD

Who is God? Is He a mystery to you? Do you want to know Him better? Maybe you wonder if God exists. That's okay. People have wondered about God for as long as...well, for as long as there have been people. They wonder if He's really out there. They wonder if He made the world and everything in it. And if He did, they wonder if God still cares about what's going on.

Perhaps you've gotten most all of those questions. You definitely believe in God, but you don't &now Him. You don't understand His nature - in other words, His personality. You aren't alone. For many people - even those who claim to be religious - the nature of God is a mystery. It is like God is behind some dark cloud, occasionally speaking in a deep voice to prophets and such you know, like He spoke to Charlton Heston in "The Ten Commandments." Other people think God wants to prevent them from having a good time. If they get close to God, they're afraid they'll have to give up their freedom.

While it's true there are things about God we'll never know (after all, He is God), there are many things we can know. For example, when we look at our universe - whether it's through a microscope, a telescope, or the naked eye - we observe incredible design and order and beauty. And He must be pretty powerful.

When we look at ourselves and see that we all have some idea about God (even when you deny God exists, you have to think about Him), that means the Creator (God again) put that idea in us. Yet God is more than an idea. He is more than a symbol for good or an impersonal "higher being." God is a very real spirit Being who has always existed in the past, who exists now, and will always exist in the future. God is personal. God is involved in our world. And God has re-

vealed His nature to us. All we have to do is stop, look, and listen!

