

ST. FRANCIS POLISH NATIONAL CATHOLIC CHURCH

1752 Harton Avenue • East Meadow, NY 11554 • (516) 794-5189 • www.StFrancisPNCC.org
Pastor Andrew Koterba

Fourteenth Sunday in Ordinary Time - July 7, 2013



Niech Bedze pochwalony Jezus
Chrystus.

R/. Na wieki, wiekow Amen.

Praised be the Lord, Jesus Christ.

R/. Now and forever. Amen.

9:00 AM - "Hymn of Faith"

Mass Book page 63

READING I - Reading 1 Isaiah 66:10-14c

Thus says the LORD: Rejoice with Jerusalem and be glad because of her, all you who love her; exult, exult with her, all you who were mourning over her! Oh, that you may suck fully of the milk of her comfort, that you may nurse with delight at her abundant breasts! For thus says the LORD: Lo, I will spread prosperity over Jerusalem like a river, and the wealth of the nations like an overflowing torrent. As nurslings, you shall be carried in her arms, and fondled in her lap; as a mother comforts her child, so will I comfort you; in Jerusalem you shall find your comfort.

When you see this, your heart shall rejoice and your bodies flourish like the grass; the LORD's power shall be known to his servants..

RESPONSORIAL PSALM: Ps 66:1-3, 4-5, 6-7, 16, 20

R. Let all the earth cry out to God with joy.

Shout joyfully to God, all the earth, sing praise to the glory of his name; proclaim his glorious praise. Say to God, "How tremendous are your deeds!"

R. Let all the earth cry out to God with joy.

"Let all on earth worship and sing praise to you, sing praise to your name!" Come and see the works of God, his tremendous deeds among the children of Adam.

R. Let all the earth cry out to God with joy.

He has changed the sea into dry land; through the river they passed on foot; therefore let us rejoice in him. He rules by his might forever.

R. Let all the earth cry out to God with joy.

Hear now, all you who fear God, while I declare what he has done for me. Blessed be God who refused me not my prayer or his kindness!

R. Let all the earth cry out to God with joy.

READING II - Galatians 6:14-18

Brothers and sisters: May I never boast except in the cross of our Lord Jesus Christ, through which the world has been crucified to me, and I to the world. For neither does circumcision mean anything, nor does uncircumcision,

but only a new creation. Peace and mercy be to all who follow this rule and to the Israel of God.

From now on, let no one make troubles for me; for I bear the marks of Jesus on my body.

The grace of our Lord Jesus Christ be with your spirit, brothers and sisters. Amen.

Priest/Lector: Alleluia, Alleluia, Alleluia.

R./ Alleluia, Alleluia, Alleluia.

Priest/Lector: Verse. R./ Alleluia, Alleluia, Alleluia.

GOSPEL - Luke 10:1-12, 17-20

At that time the Lord appointed seventy-two others whom he sent ahead of him in pairs to every town and place he intended to visit. He said to them, "The harvest is abundant but the laborers are few; so ask the master of the harvest to send out laborers for his harvest. Go on your way; behold, I am sending you like lambs among wolves. Carry no money bag, no sack, no sandals; and greet no one along the way. Into whatever house you enter, first say, 'Peace to this household.' If a peaceful person lives there, your peace will rest on him; but if not, it will return to you. Stay in the same house and eat and drink what is offered to you, for the laborer deserves his payment. Do not move about from one house to another. Whatever town you enter and they welcome you, eat what is set before you, cure the sick in it and say to them, 'The kingdom of God is at hand for you.' Whatever town you enter and they do not receive you, go out into the streets and say, 'The dust of your town that clings to our feet, even that we shake off against you.' Yet know this: the kingdom of God is at hand. I tell you, it will be more tolerable for Sodom on that day than for that town."

The seventy-two returned rejoicing, and said, "Lord, even the demons are subject to us because of your name." Jesus said, "I have observed Satan fall like lightning from the sky. Behold, I have given you the power to 'tread upon serpents' and scorpions and upon the full force of the enemy and nothing will harm you. Nevertheless, do not rejoice because the spirits are subject to you, but rejoice because your names are written in heaven." This is the gospel of the Lord.

R/: Praise be to you, Lord Jesus Christ.

OFFERTORY HYMN - "Holy God, We Praise Thy Name"

OUR FATHER - Mass book page 95

COMMUNION HYMNS - "Here I Am Lord"

RECESSIONAL HYMN - "God Bless America"

St. Francis Weekly "Kompositions"

IN HIS STRENGTH

In His strength, I stand each day
As He guides me on my way.
I'm so weak, and He is strong,
Without His help, I can't go on.
Jesus, precious Jesus, always at my side -
Who else can I turn to? Where else shall I abide?
His strength is all I need to continue and to bear.
My God is always with me—to love me and to care.

—Dona M. Maroney

shared by Linda Frysztacki

LAUGH AND THE WORLD LAUGHS WITH YOU!

You've heard it said that laughter is the best medicine. Well, it may be the best prescription for what ails you, but it is beneficial for your health. Medical researchers have determined that laughter has a profound effect on virtually every important organ in the human body. Best of all, laughter reduces tension as it relaxes the tissues.

At great expense, people join health clubs for cardiovascular exercise. Laughter can produce similar results at far less cost. It stirs up the blood, expands the chest, electrifies the nerves, and clears the brain. Laughter provides refreshment to the entire body.

Abraham Lincoln understood the benefits of laughter when he said, "with the fearful strain that is on me night and day, if I did not laugh I should die."

If you aren't a laughter, become one. Try it. You'll enjoy it. And if you're having trouble finding something to laugh at, start with yourself. Many people are too impressed with themselves to enjoy their humanity. They are missing out on some great laughs.

Laughing at ourselves gives us a more accurate sense of who we are. It breaks down barriers between others and us. It makes us more approachable. It projects a personality that is warm and friendly instead of rigid and stuffy. Laughter is like a magnet that attracts people. And if you can learn to laugh at yourself, you are guaranteed to have a lifetime of amusement.

Make your home a place that is filled with laughter. That won't be difficult if you look for humor in the small stuff of life. Start with the family photo album. Laughter shared between parents and children is more effective than any curfew. It is a guaranteed formula for producing well-adjusted children. A child who knows how to enjoy laughter is better equipped to handle life as an adult.

Laughter is the secret to a long and enjoyable life. People don't stop laughing because they grow old. They grow old because they stop laughing. He who laughs, last.

"We were filled with laughter, and we sang for joy."
—Psalm 126;2

BREAD FOR THE JOURNEY - Henri Nouwen A LIFELONG JOURNEY

Going home is a lifelong journey. There are always parts of ourselves that wander off in dissipation or get stuck in resentment. Before we know it we are lost in lustful fantasies or angry ruminations. Our night dreams and daydreams often remind us of our lostness.

Spiritual disciples such as praying, fasting, and caring are ways to help us return home. As we walk home we often realize how long the way is. But let us not be discouraged. Jesus walks with us and speaks to us on the road. When we listen carefully we discover that we are already home while on the way.

INDEPENDENCE DAY was Thursday, July 4th

It's the anniversary of the adoption of the Declaration of Independence in 1776. God Bless America! Pray for our Nation!

If you missed the fireworks, check out the Village of Rockville Centre's fireworks show at Centennial Park/Mill River Park on Saturday,

July 13th at 9 p.m. with Sunday, July 14th as the rain date. Call 678-9339 for more information.

