St. Francis Polish National Catholic Church

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3rd SUNDAY OF EASTER April 18, 2010

ENTRANCE HYMN - "Come Ye Faithful"

READING I - Acts 5:27-32, 40b-41

When the captain and the court officers had brought the apostles in and made them stand before the Sanhedrin, the high priest questioned them, "We gave you strict orders, did we not, to stop teaching in that name? Yet you have filled Jerusalem with your teaching and want to bring this man's blood upon us." But Peter and the apostles said in reply, "We must obey God rather than men. The God of our ancestors raised Jesus, though you had him killed by hanging him on a tree. God exalted him at his right hand as leader and savior to grant Israel repentance and forgiveness of sins. We are witnesses of these things, as is the Holy Spirit whom God has given to those who obey him." The Sanhedrin ordered the apostles to stop speaking in the name of Jesus, and dismissed them. So they left the presence of the Sanhedrin, rejoicing that they had been found worthy to suffer dishonor for the sake of the name.

RESPONSORIAL PSALM - Ps 30:2, 4, 5-6, 11-12, 13 R. I will praise you, Lord, for you have rescued me. I will extol you, O LORD, for you drew me clear and did not let my enemies rejoice over me. O LORD, you brought me up from the netherworld; you preserved me from among those going down into the pit.

R. I will praise you, Lord, for you have rescued me. Sing praise to the LORD, you his faithful ones, and give thanks to his holy name. For his anger lasts but a moment; a lifetime, his good will. At nightfall, weeping enters in, but with the dawn, rejoicing.

R. I will praise you, Lord, for you have rescued me. Hear, O LORD, and have pity on me; O LORD, be my helper. You changed my mourning into dancing; O LORD, my God, forever will I give you thanks.

R. I will praise you, Lord, for you have rescued me.

READING 2 - Rev 5:11-14

I, John, looked and heard the voices of many angels who surrounded the throne and the living creatures and the elders. They were countless in number, and they cried out in a loud voice: "Worthy is the Lamb that was slain to receive power and riches, wisdom and strength, honor and glory and blessing." Then I heard every creature in heaven and on earth and under the earth and in the sea, everything in the universe, cry out: "To the one who sits on the throne and to the Lamb be blessing and honor, glory and might, forever and ever." The four living creatures answered, "Amen, "and the elders fell down and worshiped.

R./ Alleluia. VERSE. R./ Alleluia.

GOSPEL - Jn 21:1-19 or 21:1-14

At that time, Jesus revealed himself again to his disciples at the Sea of Tiberias. He revealed himself in this way. Together were Simon Peter, Thomas called Didymus, Nathanael from Cana in



Galilee, Zebedee's sons, and two others of his disciples. Simon Peter said to them, "I am going fishing." They said to him, "We also will come with you." So they went out and got into the boat, but that night they caught nothing. When it was already dawn, Jesus was standing on the shore; but the disciples did not realize that it was Jesus. Jesus said to them, "Children, have you caught anything to eat?" They answered him, "No." So he said to them, "Cast the net over the right side of the boat and you will find something." So they cast it, and were not able to pull it in because of the number of fish. So the disciple whom Jesus loved said to Peter, "It is the Lord." When Simon Peter heard that it was the Lord, he tucked in his garment, for he was lightly clad, and jumped into the sea. The other disciples came in the boat, for they were not far from shore, only about a hundred yards, dragging the net with the fish. When they climbed out on shore, they saw a charcoal fire with fish on it and bread. Jesus said to them, "Bring some of the fish you just caught." So Simon Peter went over and dragged the net ashore full of one hundred fifty-three large fish. Even though there were so many, the net was not torn. Jesus said to them, "Come, have breakfast." And none of the disciples dared to ask him, "Who are you?" because they realized it was the Lord. Jesus came over and took the bread and gave it to them, and in like manner the fish. This was now the third time Jesus was revealed to his disciples after being raised from the dead.

When they had finished breakfast, Jesus said to Simon Peter, "Simon, son of John, do you love me more than these?" Simon Peter answered him, "Yes, Lord, you know that I love you." Jesus said to him, "Feed my lambs." He then said to Simon Peter a second time, "Simon, son of John, do you love me?" Simon Peter answered him, "Yes, Lord, you know that I love you." Jesus said to him, "Tend my sheep." Jesus said to him the third time, "Simon, son of John, do you love me?" Peter was distressed that Jesus had said to him a third time, "Do you love me?" and he said to him, "Lord, you know everything; you know that I love you." Jesus said to him, "Feed my sheep. Amen, amen, I say to you, when you were younger, you used to dress yourself and go where you wanted; but when you grow old, you will stretch out your hands, and someone else will dress you and lead you where you do not want to go." He said this signifying by what kind of death he would glorify God. And when he had said this, he said to him, "Follow me." This is the gospel of the Lord.

R/. Praise be to you Lord, Jesus Christ.

GENERAL CONCESSIONS: God, Hear Us!

OFFERTORY HYMN - "Come Rejoice, Our Lord Is Risen"

OUR FATHER - page 95

COMMUNION OF THE PEOPLE - "Christ the Lord Is Risen Today & "O'er Death Victorious"

RECESSIONAL HYMN: "Christ Is Risen"

St. Francis Weekly "Kompasitions".

BREAD FOR THE JOURNEY...Henri Nouwen THE SPIRIT WILL SPEAK IN US

When we are spiritually free, we do not have to worry about what to say or do in unexpected, difficult circumstances. When we are not concerned about what others think of us or what we will get for what we do, the right words and actions will emerge from the center of our beings because the Spirit of God, who makes us children of God and sets us free, will speak and act through us. Jesus says, "When you are handed over, do not worry about how to speak or what to say; what you are to say will be given to you when the time comes because it is not you who will be speaking; the Spirit of your Father will be speaking in you" (Matthew 10:19-20).

Let's keep trusting the Spirit of God living within us, so that we can live freely in a world that keeps handing us over to judges and evaluators.

A THOUGHTFUL PRAYER...AFTER COMMUNION (ANIMA CHRISTI)

Soul of Christ, make me holy.

Body of Christ, save me.

Blood of Christ, inebriate me.

Water from the side of Christ, make me strong.

O good Jesus, hear me.

Hide me within Your wounds.

Let me never be separated from You.

Deliver me from the wicked enemy.

Call me at the hour of my death,

And tell me to come to You,

That with Your saints I may praise You

Forever, Amen.

EARTH DAY...April 22...SALUTING LIFE!

There has always been reason to celebrate the fact of the earth. It is beautiful, for one thing; and it is our home. But at this point it is clear that we have been careless with it - even abusive - and incredibly shortsighted. Now we are beginning to pay the price. We might easily feel hopeless about the plight of the earth. Perhaps the best motivation and commitment to make the world a better place, is to look around and really see what it is we have, to learn to love and respect the land, the water, the heavens, the animals, and each other. With love in place, caring becomes natural!

APPRECIATING THE HEAVENS

Take time to enjoy the sunrise and sunset, watch the clouds, enjoy the rain, stargaze, visit a planetarium, watch the cycle of the moon.

APPRECIATING THE EARTH

Plant a tree, enjoy the spring flowers, plant a garden, have a family picnic, take a hike through a park, keep a few houseplants, visit the ocean and appreciate the cycle of the sea, be thankful for good water, try to think of something on earth that does not require water? Good luck!

APPRECIATING ANIMALS

Visit a natural history museum, a zoo, or a nature preserve, volunteer at an animal shelter, feed the birds, appreciate the insects, treat your pets with respect.

APPRECIATING ONE ANOTHER

Show your family and friends that you appreciate them, talk to one another, write a letter, give an unexpected gift, visit with family and friends, visit a nursing home, pick up trash on your street or help to clean your favorite park.

Remember our dear patron saint, St. Francis of Assisi. He called not only every man and woman, but the natural environment around him, including the cycles of life - his 'brother and sister.' His love of nature and for all of God's creatures was easy for him because he understood everything was created by God, and thus everything is good! We can only do our part through prayer and action to help 'Protect the Creation!'

ONE MINUTE DEVOTIONS Helen Steiner Rice SUNSHINE AND RAINBOWS

After the clouds, the sunshine, after the winter, the spring, after the shower, the rainbow - for life is a changeable thing.

The Lord is my light and my salvation - whom shall I fear?'

-Psalm 27:1

Today search for the rainbows that are present in life!