# ST. FRANCIS POLISH NATIONAL CATHOLIC CHURCH

1752 Harton Avenue • East Meadow, NY 11554 (516) 794-5189 • www.StFrancisPNCC.org • Pastor Andrew Koterba

Sunday, 'February 21, 2016 • Second Sunday of Lent

2<sup>nd</sup> SUNDAY OF LENT Niech Bedze pochwalony Jezus Chrystus. R/. Na wieki, wiekow. Amen. Praised be the Lord, Jesus Christ. R/. Now and forever. Amen. 9:00 AM - *"Hymn of Faith"* 

Mass Book page 63

#### **R**EADING I - Gn 15:5-12, 17-18

The Lord God took Abram outside and said, "Look up at the sky and count the stars, if you can. Just so,"

he added, "shall your descendants be." Abram put his faith in the LORD, who credited it to him as an act of righteousness.

He then said to him, "I am the LORD who brought you from Ur of the Chaldeans to give you this land as a possession." "O Lord GOD," he asked, "how am I to know that I shall possess it?" He answered him, "Bring me a threeyear-old heifer, a three-year-old she-goat, a three-year-old ram, a turtledove, and a young pigeon." Abram brought him all these, split them in two, and placed each half opposite the other; but the birds he did not cut up. Birds of prey swooped down on the carcasses, but Abram stayed with them. As the sun was about to set, a trance fell upon Abram, and a deep, terrifying darkness enveloped him.

When the sun had set and it was dark, there appeared a smoking fire pot and a flaming torch, which passed between those pieces. It was on that occasion that the LORD made a covenant with Abram, saying: "To your descendants I give this land, from the Wadi of Egypt to the Great River, the Euphrates."

### RESPONSORIAL PSALM - Ps 27:1, 7-8, 8-9, 13-14

*R. The Lord is my light and my salvation.*The LORD is my light and my salvation;
whom should I fear? The LORD is my life's refuge;
of whom should I be afraid? *R. The Lord is my light and my salvation.*Hear, O LORD, the sound of my call;
have pity on me, and answer me.
Of you my heart speaks; you my glance seeks. *R. The Lord is my light and my salvation.*Your presence, O LORD, I seek. Hide not your face from me; do not in anger repel your servant.
You are my helper: cast me not off. *R. The Lord is my light and my salvation.*

I believe that I shall see the bounty of the LORD in the land of the living. Wait for the LORD with courage; be stouthearted, and wait for the LORD.

# R. The Lord is my light and my salvation.

#### READING 2 - Phil 3:17-4:1

Join with others in being imitators of me, brothers and sisters, and observe those who thus conduct themselves according to the model you have in us. For many, as I have often told you and now tell you even in tears, conduct themselves as enemies of the cross of Christ. Their end is destruction. Their God is their stomach; their glory is in their "shame." Their minds are occupied with earthly things. But our citizenship is in heaven, and from it we also await a savior, the Lord Jesus Christ. He will change our lowly body to conform with his glorified body by the power that enables him also to bring all things into subjection to himself.

Therefore, my brothers and sisters, whom I love and long for, my joy and crown, in this way stand firm in the Lord.

#### **VERSE BEFORE THE GOSPEL:**

From the shining cloud the Father's voice is heard: This is my beloved Son, hear him.

#### GOSPEL - Luke 49:28b-36

Jesus took Peter, John, and James and went up the mountain to pray. While he was praying his face changed in appearance and his clothing became dazzling white. And behold, two men were conversing with him, Moses and Elijah, who appeared in glory and spoke of his exodus that he was going to accomplish in Jerusalem. Peter and his companions had been overcome by sleep, but becoming fully awake, they saw his glory and the two men standing with him. As they were about to part from him, Peter said to Jesus, "Master, it is good that we are here; let us make three tents, one for you, one for Moses, and one for Elijah." But he did not know what he was saying. While he was still speaking, a cloud came and cast a shadow over them, and they became frightened when they entered the cloud. Then from the cloud came a voice that said, "This is my chosen Son; listen to him." After the voice had spoken, Jesus was found alone. They fell silent and did not at that time tell anyone what they had seen. This is the Gospel of the Lord. R: Praise be to you, Lord Jesus Christ.

OFFERTORY HYMN - "Lord Forgive" COMMUNION HYMN - "Gather Your People" RECESSIONAL HYMN - "Center of My Life"

## **LENT - SPIRITUAL GROWTH**

Lent is a time when we take time and effort to develop our personal spiritual journey. St. Francis' Prayer can provide a simple format for positive spiritual growth. The prayer is formed around six petitions: Lord, let me be an Instrument of peace - Where there is hatred, let me sow love; Where there is injury, pardon; Where there is doubt, faith; Where there is despair, hope; Where there is darkness, light; and where there is sadness, joy. Focus on just one petition each week of Lent, we have only to gain for ourselves and those around Us. For example, bringing love to situations filled with hate and envy, perhaps at work or in family life. Witnessing to faith as a value in a person's life, perhaps by attending Mass or inviting someone else to come with you. For if we can achieve positive results with even one of these beautiful and very difficult personal disciplines, we have made our Lent worthwhile.

## STATIONS OF THE CROSS

Sunday immediately following Mass during Lent. Come join us during this season of Lent, in a contemporary devotion and prayer, as we follow Jesus' sufferings, death, and burial. Grow in faith.

# LENTEN JOURNEY

If you are wondering about a Lenten program for this season, you have only to look to the Gospel reading for Ash Wednesday. In the book of Matthew, Jesus highlights the three great acts of piety for those who would follow His way - prayer, fasting, and alms giving.

### 2016 Upcoming Events

Sundays After Mass During Lent February 14 - March 13 Stations of the Cross

**Sunday, March 20 - 9:00 am** Palm Sunday Mass & Procession

**Friday, March 25 - 7:00 pm** Good Friday Liturgy

Saturday, March 26 - 1:00 pm Blessing of Easter Baskets

Sunday, March 27 - 9:00 am Easter Sunday Mass

## THE TEN COMMANDMENTS... REWRITTEN FOR DEEP MEANING

- Prayer is not a "spare wheel" that you pull out when in trouble, but it is a "steering wheel" that directs the right path throughout the journey.
- So why is car's WINDSHIELD so large and the rearview mirror so small? Because our PAST is not as important as our FUTURE. So, look ahead and move on.
- 3. Friendship is like a BOOK. It takes a few minutes to burn, but it takes years to write.
- 4. All things in life are temporary. If going well, enjoy it, they will not last forever. If going wrong, don't worry, they can't last long either.
- Old friends are GOLD! New friends are DIAMOND! If you get a diamond, don't forget the gold! Because to hold a diamond, you always need a base of gold!
- Often when we lose hope and think this is the end, GOD smiles from above and says, "Relax, it's just a bend, not the end!"
- 7. When GOD solves your problems, you have faith in HIS abilities; when GOD doesn't solve your problems, HE has faith in your abilities.
- A blind person asked St. Anthony: "Can there be anything worse than losing eye sight?" He replied, "Yes, losing your vision!"
- 9. When you pray for others, God listen to you and blesses them, and sometimes, when you are safe and happy, remember that someone has prayed for you.
- 10. WORRYING does not take away tomorrow's TROUBLES, it takes away today's PEACE!

(shared by a friend of Lorraine Kompa's)

# QUOTABLES...

"Sure I wave the American flag. Do you know a better flag to wave? Sure I love my country with all her faults. I'm not ashamed of that, never have been, never will be."—John Wayne

"Hurtful things wrinkle my heart; forgiveness puts it back into shape." —Franciscan Missions