

ST. FRANCIS POLISH NATIONAL CATHOLIC CHURCH

1752 Harton Avenue • East Meadow, NY 11554

(516) 794-5189 • www.StFrancisPNCC.org • Pastor Andrew Koterba

Sunday, February 17, 2013 • First Sunday of Lent

L • E • N • T



Niech Bedze pochwalony Jezus Chrystus.

R/. Na wieki, wiekow. Amen.

Praised be the Lord, Jesus Christ.

R/. Now and forever. Amen.

9:00 AM - "Hymn of Faith"

Mass Book page 63

READING I - Dt 26:4-10

Moses spoke to the people, saying:

"The priest shall receive the basket

from you and shall set it in front of the altar of the LORD, your God. Then you shall declare before the Lord, your God, 'My father was a wandering Aramean who went down to Egypt with a small household and lived there as an alien. But there he became a nation great, strong, and numerous. When the Egyptians maltreated and oppressed us, imposing hard labor upon us, we cried to the LORD, the God of our fathers, and he heard our cry and saw our affliction, our toil, and our oppression. He brought us out of Egypt with his strong hand and outstretched arm, with terrifying power, with signs and wonders; and bringing us into this country, he gave us this land flowing with milk and honey. Therefore, I have now brought you the first fruits of the products of the soil which you, O LORD, have given me.' And having set them before the Lord, your God, you shall bow down in his presence."

RESPONSORIAL PSALM - Ps 91:1-2, 10-15

R. Be with me, Lord, when I am in trouble.

You who dwell in the shelter of the Most High, who abide in the shadow of the Almighty, say to the LORD, "My refuge and fortress, my God in whom I trust."

R. Be with me, Lord, when I am in trouble.

No evil shall befall you, nor shall affliction come near your tent, For to his angels he has given command about you, that they guard you in all your ways.

R. Be with me, Lord, when I am in trouble.

Upon their hands they shall bear you up, lest you dash your foot against a stone. You shall tread upon the asp and the viper; you shall trample down the lion and the dragon.

R. Be with me, Lord, when I am in trouble.

Because he clings to me, I will deliver him; I will set him on high because he acknowledges my name. He shall call upon me, and I will answer him; I will be with him in distress; I will deliver him and glorify him.

R. Be with me, Lord, when I am in trouble.

READING 2 - Romans 10:8-13

Brothers and sisters: What does Scripture say? The word is near you, in your mouth and in your heart—that is, the word of faith that we preach—, for, if you confess with your mouth that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. For the Scripture says, No one who believes in him will be put to shame. For there is no distinction between Jew and Greek; the same Lord is Lord of all, enriching all who call upon him. For "everyone who calls on the name of the Lord will be saved."

GOSPEL - Luke 4:1-13

Filled with the Holy Spirit, Jesus returned from the Jordan and was led by the Spirit into the desert for forty days, to be tempted by the devil. He ate nothing during those days, and when they were over he was hungry. The devil said to him, "If you are the Son of God, command this stone to become bread." Jesus answered him, "It is written, One does not live on bread alone." Then he took him up and showed him all the kingdoms of the world in a single instant. The devil said to him, "I shall give to you all this power and glory; for it has been handed over to me, and I may give it to whomever I wish. All this will be yours, if you worship me." Jesus said to him in reply, "It is written: You shall worship the Lord, your God, and him alone shall you serve." Then he led him to Jerusalem, made him stand on the parapet of the temple, and said to him, "If you are the Son of God, throw yourself down from here, for it is written: He will command his angels concerning you, to guard you, and: With their hands they will support you, lest you dash your foot against a stone." Jesus said to him in reply, "It also says, You shall not put the Lord, your God, to the test." When the devil had finished every temptation, he departed from him for a time. This is the Gospel of the Lord. **R: Praise be to you, Lord Jesus Christ.**

OFFERTORY HYMN - "Lord Forgive"

COMMUNION HYMN - "Down By the River to Pray"

RECESSIONAL HYMN - "Be Not Afraid"

St. Francis Weekly "Kompositions"

THINK LENT ???

The 'Season of Lent' begins with Ash Wednesday and leads us on a forty-day pilgrimage towards Easter. Lent invites us to cultivate a spirit of unselfishness based on faith, hope and charity. The season invites us to remember that what it's all about is the love of God and neighbor, the only source of ultimate meaning and purpose. The spirit of Lent invites us to "unself ourselves," and that is the purpose of the traditional Lenten disciples of fasting and abstinence - to unself ourselves, to become oriented to the love of God and neighbor.

Make time now...to reflect on the sufferings of Our Lord, read the Bible, meditate, listen to a hymn, pray a Station of the Cross, pray from your heart, in thought and in all actions...there remains so many paths to Our Lord!



LENTEN FAST AND ABSTINENCE

The Church teaches that Catholics in good health are to observe the following practices during Lent unless for some reason they are unable to do so:

FAST - Catholics from the age 18-59 are to fast on Ash Wednesday and Good

Friday. On a fast day, one limits oneself to one full meal and two smaller meals, with no snacking between meals.

ABSTINENCE - Catholics of age 14 and older abstain from meat on Ash Wednesday and all Fridays of Lent.

A DIFFERENT LOOK AT...

Fasting: Try focusing on mealtimes themselves; incorporate prayer, sacred music or even silence, depending on your family's inclination. Be mindful of the food itself and of the people who worked to produce and bring it to your table.

Almsgiving: Time is a wonderful gift to those in need. Consider getting involved in a volunteer effort that will continue after Lent. Without neglecting existing commitments or duties, you may find a way of giving something precious to God.

Prayer: Try something different this Lent. Make a vigil; to get up in the night or early morning to pray, attentive to the Lord's presence. If you haven't prayed the Rosary or made the Stations of the Cross in a while, why not try again?

BREAD FOR THE JOURNEY

**Henri Nouwen
HIDDEN GREATNESS**

There is much emphasis on notoriety and fame in our society. Our newspapers and television keep giving us the message: What counts is to be known, praised, and admired, whether you are a writer, an actor, a musician, or a politician.

Still, real greatness is often hidden, humble, simple, and unobtrusive. It is not easy to trust ourselves and our actions without public affirmation. We must have strong self-confidence combined with deep humility. Some of the greatest works of art and the most important works of peace were created by people who had no need for the limelight. They knew that what they were doing was their call, and they did it with great patience, perseverance, and love.

*Again, we give thanks to Bill & Rea Piro. Have you noticed the huge "pull-out" flat screen television on the back left wall? Yes, now St. Francis can offer our rentals a television set & we can start having "community" movie nights.
Thank you sincerely, Bill & Rea.*

MCAP
middle class american productions
presents
A PREMIERE COLLECTION OF NEW COMEDIES

**American Dating
Catastrophes Vol. XI**

This MCAP show is a benefit for one of our own, Joanne Ciaramella of Island Park, whose home was destroyed in Hurricane Sandy. She is rebuilding slowly and needs our help. See Joni Blenn for advance tickets.

*"Peter Sparks," "A Need For Speed" and "Lost Girls" by John Blenn
"Tweedle Dee, Tweedle Dumb" by Joanne Ciaramella*

*"A Family Affair" by Rich Corapi
"Speed Dating" by Lorraine Brady
"A Fragile Affair" by Scott Interrante
"A Date with Mom" by Andy Accioli
Directed by*

John Blenn, Scott Interrante & Rich Corapi

2013 Upcoming Events

**Sundays After Mass During Lent
February 17 - March 24
Stations of the Cross**

**Sunday, March 10 - 3:00 pm
St. Patrick/Joseph Fundraiser Dinner**

**Sunday, March 24 - 9:00 am
Palm Sunday Mass & Procession**

**Friday, March 29 - 7:00 pm
Good Friday Liturgy**

**Saturday, March 30 - 1:00 pm
Blessing of Easter Baskets**

**Sunday, March 31 - 9:00 am
Easter Sunday Mass**

**TONIGHT ONLY
SUNDAY
FEBRUARY 17, 2013
7:30 p.m.**

**Bellmore
Movie Theatre**

222 PETIT AVENUE
(near Bedford Ave. & LIRR)
BELLMORE, NY 11710
516-783-7200

Call MCAP for Tickets 516-783-8863 • Advance Tickets \$15 • Day of Show \$18